

Don't know where to Turn?

For Addiction Support



Alleviate the devastating effects of opioid, heroin and/or substance use on your life or the life of your loved one. Help is available.

All calls are confidential

518-291-4500

Weekdays 8:00am - 4:30pm

518-822-0090

Weekends / Evenings
Non-Crisis Support

<https://greenerpathways.org>

**We can
connect
you!**

For Mental Health



Multiple locations with flexible hours. Healing Starts Here.

Crisis services and information about community resources offered.

518-828-9446

(24 hours a day / 7 days a week)

<https://columbiacountymhc.com> or Facebook

Helping Columbia County Residents Find Hope & Healing For Over 50 Years